



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 09207, Orange juice, canned, unsweetened ^a

Report Date: June 30, 2017 15:45 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water ¹	g	87.72	3	0.071	87.58	87.81	2.0	87.412	88.023	1	Analytical or derived from analytical	--	05/2008
Energy	kcal	47	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Energy	kJ	196	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Protein ¹	g	0.68	3	0.011	0.67	0.71	2.0	0.634	0.732	1	Analytical or derived from analytical	--	05/2008
Total lipid (fat) ¹	g	0.15	3	0.007	0.14	0.17	2.0	0.125	0.182	1	Analytical or derived from analytical	--	05/2008
Ash ¹	g	0.43	3	0.073	0.31	0.57	2.0	0.121	0.748	1	Analytical or derived from analytical	--	05/2008
Carbohydrate, by difference	g	11.01	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Fiber, total dietary ¹	g	0.3	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2008
Sugars, total ¹	g	8.76	3	0.143	8.48	8.96	2.0	8.144	9.372	1	Analytical or derived from analytical	--	05/2008

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Sucrose 1	g	4.06	3	0.109	3.85	4.22	2.0	3.591	4.532	1	Analytical or derived from analytical	--	05/2008
Glucose (dextrose) 1	g	2.27	3	0.089	2.09	2.37	2.0	1.886	2.65	1	Analytical or derived from analytical	--	05/2008
Fructose 1	g	2.43	3	0.167	2.17	2.74	2.0	1.712	3.146	1	Analytical or derived from analytical	--	05/2008
Lactose 1	g	0.00	3	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	05/2008
Maltose 1	g	0.00	3	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	05/2008
Galactose 1	g	0.00	3	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	05/2008
Minerals													
Calcium, Ca 1	mg	10	2	--	9	12	1.0	--	--	1	Analytical or derived from analytical	--	05/2008
Iron, Fe 1	mg	0.10	3	0.014	0.08	0.13	2.0	0.037	0.161	1	Analytical or derived from analytical	--	05/2008
Magnesium, Mg 1	mg	10	3	0.732	9	11	2.0	6.739	13.041	1	Analytical or derived from analytical	--	05/2008
Phosphorus, P 1	mg	17	3	0.784	15	18	2.0	13.594	20.339	1	Analytical or derived from analytical	--	05/2008

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Potassium, K 1	mg	184	3	2.848	181	190	2.0	172.079	196.587	1	Analytical or derived from analytical	--	05/2008
Sodium, Na 1	mg	4	3	0.165	3	4	2.0	2.874	4.292	1	Analytical or derived from analytical	--	05/2008
Zinc, Zn 1	mg	0.04	3	0.001	0.04	0.05	2.0	0.038	0.051	1	Analytical or derived from analytical	--	05/2008
Copper, Cu 1	mg	0.022	3	0.008	0.01	0.04	2.0	-0.011	0.055	1	Analytical or derived from analytical	--	05/2008
Manganese, Mn 1	mg	0.021	3	0.002	0.02	0.02	2.0	0.012	0.03	1	Analytical or derived from analytical	--	05/2008
Selenium, Se	µg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Fluoride, F 1	µg	31.3	51	2.843	2.9	72.4	50.0	25.618	37.04	1	Analytical or derived from analytical	--	03/2006
Vitamins													
Vitamin C, total ascorbic acid 1	mg	30.1	3	4.391	25.3	38.9	2.0	11.24	49.026	1	Analytical or derived from analytical	--	05/2008
Thiamin 1	mg	0.039	3	0.003	0.03	0.04	2.0	0.027	0.05	1	Analytical or derived from analytical	--	05/2008
Riboflavin 1	mg	0.021	3	0.001	0.02	0.02	2.0	0.015	0.027	1	Analytical or derived from analytical	--	05/2008

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Niacin 1	mg	0.201	3	0.007	0.19	0.21	2.0	0.171	0.231	1	Analytical or derived from analytical	--	05/2008
Pantothenic acid 1	mg	0.180	3	0.006	0.17	0.19	2.0	0.155	0.205	1	Analytical or derived from analytical	--	05/2008
Vitamin B-6 1	mg	0.031	3	0.000	0.03	0.03	2.0	0.03	0.033	1	Analytical or derived from analytical	--	05/2008
Folate, total 1	μg	24	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2008
Folic acid 1	μg	0	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2008
Folate, food 1	μg	24	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2008
Folate, DFE	μg	24	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2008
Choline, total	mg	6.2	--	--	--	--	--	--	--	--	Calculated or imputed	09209	12/2006
Vitamin B-12	μg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	08/1982
Vitamin B-12, added	μg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	μg	9	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Retinol	μg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2002
Carotene, beta	μg	29	--	--	--	--	--	--	--	--	Calculated or imputed	09215	01/2003
Carotene, alpha	μg	5	--	--	--	--	--	--	--	--	Calculated or imputed	09215	01/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Cryptoxanthin, beta	µg	148	--	--	--	--	--	--	--	--	Calculated or imputed	09215	01/2003
Vitamin A, IU	IU	175	28	5.725	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09215	01/2003
Lutein + zeaxanthin	µg	115	--	--	--	--	--	--	--	--	Calculated or imputed	09215	01/2003
Vitamin E (alpha-tocopherol)	mg	0.20	--	--	--	--	--	--	--	--	Calculated or imputed	09215	01/2003
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone)	µg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	09215	01/2003
Lipids													
Fatty acids, total saturated	g	0.018	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
4:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
6:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
8:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
10:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
12:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
14:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
16:0	g	0.018	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
18:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
Fatty acids, total monounsaturated	g	0.025	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
16:1 undifferentiated	g	0.004	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
18:1 undifferentiated	g	0.021	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
20:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fatty acids, total polyunsaturated	g	0.034	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
18:2 undifferentiated	g	0.027	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
18:3 undifferentiated	g	0.007	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
18:4	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	08/1982
Amino Acids													
Tryptophan	g	0.002	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Threonine	g	0.008	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Isoleucine	g	0.007	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Leucine	g	0.013	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Lysine	g	0.009	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Methionine	g	0.003	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Cystine	g	0.005	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Phenylalanine	g	0.008	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Tyrosine	g	0.003	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Valine	g	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Arginine	g	0.046	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Histidine	g	0.003	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Alanine	g	0.015	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Aspartic acid	g	0.073	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Glutamic acid	g	0.032	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Glycine	g	0.009	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Proline	g	0.043	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Serine	g	0.013	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2008
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2008
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2003

Sources of Data

¹Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 6f, 2002 Beltsville MD

Footnotes

^a Includes juice box